

## **The First Three Years Last Forever**

Safety, consistency and nurturing in the first three years can result in a lifetime of fulfillment.

Neglect and abuse during these first early years can result in a lifetime of lost potential.

### **Did you know?**

- *The way you speak, handle and respond to a baby shapes the baby's brain?*
- *Prolonged early stress disrupts brain architecture and increases the risk of emotional and behavioural disorders?*
- *Nurturing and responsiveness in the early years builds a strong foundation for learning, behaviour and relationships?*

***"We are the first generation to have this knowledge at our finger tips. We ignore it at our peril !"***

Dr Simon Rowley, Paediatrician

### **This information is relevant to each and every one of us**

- HOST:** Roxburgh Playcentre and Central Otago REAP
- VENUE:** Roxburgh Fire Station  
114 Bransholm Street  
Roxburgh
- DATE:** Thursday 29th September 2011
- TIME:** 7.00pm to 9.00pm
- RSVP :** **Contact Timea for tickets**  
**Phone 446 8781**  
**\$5.00 ENTRY**



### **Marcia Cassidy Brainwave Presenter**

Marcia Cassidy is the Brainwave Trust presenter for the central and lower South Island. She is also a trainer/facilitator at Ministry of Education of New Zealand where she delivers child focused parenting information to parents, families and professionals.